## How I Deal with Breast Asymmetry by Using Breast Implants

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## Abstract:

Breast asymmetry is common to see in normal female breasts; however marked asymmetry may be caused by embryological, hormonal, and idiopathic factors. Although mild breast asymmetry does not need special intervention, moderate or severe breast asymmetries usually require the necessary correction during breast plastic surgery. Despite there are many surgical procedures from the simple breast augmentation to the complex mastopexy mammoplasty to correct uneven breasts, the assessment of breast asymmetric degree and the selection of breast implants has played a pivotal role in the eventual outcome. In this presentation Dr. Chuang will share his experience in choosing the different type and size of breast implants based on the pre-operative 3D simulation and the intra-operative manipulation to correct the various degree of breast asymmetry. He will also come up with some examples of the simple breast augmentation to improve the various breast asymmetries as an artistry.